

HYPOGLYCAEMIA

LOW

Blood Glucose Level < 4.0mmol/L

**DO NOT LEAVE CHILD UNATTENDED
DO NOT DELAY TREATMENT**

Signs and symptoms

Note: Symptoms may not always be obvious.
Pale, headache, shaky, sweaty, dizzy, drowsy, changes in behavior.

Child conscious
(Able to eat hypo food)

**Child unconscious/
drowsy**
(Risk of choking/unable
to swallow)

**Step 1: Give fast
acting carb**
(As supplied or listed on
management plan)

First Aid DRABC
Stay with unconscious
child

**Step 2: Recheck BGL
after 15 mins**
If BGL < 4.0 repeat Step 1
If BGL > 4.0 go to Step 3

**Step 3: Give
sustaining carb**
If starting BGL was:
Between 2.0 - 4.0 no
follow-up carb required
< 2.0 give sustaining carb
as supplied

**CALL AN
AMBULANCE
DIAL 000**

**Contact
parent/guardian**
When safe to do so

PARENT / GUARDIAN NAME _____

CONTACT No _____

SCHOOL SETTING

Insulin pump

Use in conjunction with management plan

DIABETES SCHOOL ACTION PLAN 2017

Photo of child

CHILD'S NAME

SCHOOL

INSULIN

The insulin pump continually delivers insulin.
The pump will deliver insulin based on carb and
BGL entries. All BGLs must be entered into pump*
Able to button push: independently
with supervision
with assistance

ROUTINE BGL CHECKING TIMES

- Anytime, anywhere in the school
- Prior to lunch and other times as per management plan
- Anytime hypo is suspected
- Prior to activity
- Prior to exams or tests (e.g. NAPLAN)

PHYSICAL ACTIVITY

- 1 serve sustaining carb before every 30 mins of activity and swimming (**no bolus**)
- Vigorous activity should not be undertaken if BGL > 15.0 and blood ketones are > 0.6

*DO NOT ENTER BGL into pump within 1 hour of completing activity (see management plan)

HYPERGLYCAEMIA

HIGH

Blood Glucose Level > 15.0mmol/L

HIGH BGLS ARE NOT UNCOMMON

Signs and Symptoms

Note: Symptoms may not always be obvious.
Some could be: increased thirst, increased urine production, poor concentration, irritability, lethargy.

**IF UNWELL (EG VOMITING) CONTACT
PARENTS TO COLLECT CHILD**

Check Blood Ketones

Blood ketones > 0.6 requires immediate treatment

Blood Ketones
< 0.6

Blood Ketones
> 0.6

Correction bolus
Recheck BGL in 2 hrs

Potential line failure.
Contact parent/
guardian for further
advice.

**BGL < 15
indicates
line is
working**

**BGL
> 15**

May need injected insulin
and line change.

DATE _____

HOSPITAL _____

TREATING DNE _____

CONTACT No _____